

**QUVIVIQ**  
(daridorexant) <sup>IV</sup> 25mg, 50mg  
tablets

# Take. Sleep. Repeat.

**Taking QUVIVIQ every night,  
sleep improved over time\*†**

\*In clinical trials, QUVIVIQ helped adults with insomnia get more sleep with improvements measured at months 1 and 3.

† Take once each night, within 30 minutes of bedtime and when you can stay in bed for at least 7 hours, as directed by your doctor.

## **Taye Diggs**

Acclaimed Actor,  
Insomnia Sufferer  
& **QUVIVIQ 50 mg Patient**



## **Lindsey Vonn**

World Champion Skier,  
Insomnia Sufferer  
& **QUVIVIQ 50 mg Patient**



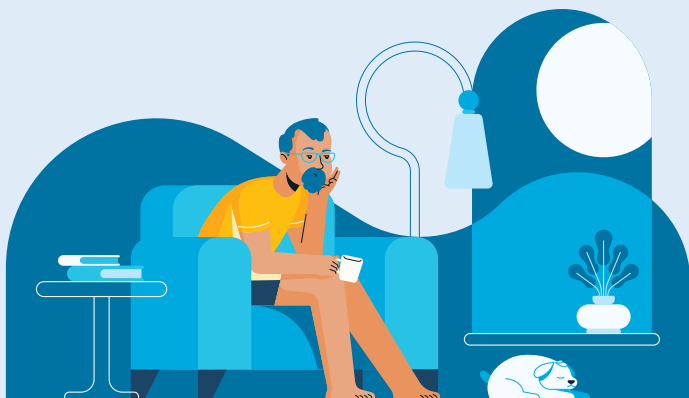
## **What is QUVIVIQ?**

QUVIVIQ is a prescription medicine for adults who have trouble falling asleep or staying asleep (insomnia).

## **Important Safety Information**

**Do not take QUVIVIQ if you** fall asleep often at unexpected times (narcolepsy) or if you are allergic to QUVIVIQ or any of its ingredients.

**Please see full Important Safety Information on pages 11 and 12. See full Prescribing Information and Medication Guide.**



## Are overactive wake signals keeping you awake?

If you have insomnia, you may know the feeling of lying awake at night, physically tired but unable to “turn off” your brain. Overactive wake signals may be to blame.

QUVIVIQ is thought to turn down these wake signals, helping you fall asleep faster and stay asleep longer.



## Important Safety Information

**QUVIVIQ may cause serious side effects, including:**

- **Decreased awareness and alertness.** The morning after you take QUVIVIQ, your ability to drive safely and think clearly may be decreased. You may also have sleepiness during the day.

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# Experience the QUVIVIQ Difference

QUVIVIQ is a prescription treatment for adults who have trouble falling asleep or staying asleep (insomnia). In clinical studies, when **taken every night**, QUVIVIQ led to improved sleep over time.\*



## Works Differently

Unlike some other insomnia medications that sedate the brain, QUVIVIQ is thought to work **by turning down overactive wake signals**, one of the biological causes of insomnia.



## Taken Differently

Rather than taking QUVIVIQ “as needed,” QUVIVIQ is **designed to be taken every night** to help you get consistent, better sleep.\* In clinical studies, **stopping QUVIVIQ did not lead to withdrawal symptoms**.



## Experienced Differently

In clinical studies, people reported **sleeping better after 1 week of taking QUVIVIQ every night**, and sleep improvements continued to increase for 3-4 weeks.†

\*Improvements measured at months 1 and 3.

†Results at month 1 were maintained at month 3.

## Important Safety Information

- Do not take more QUVIVIQ than prescribed.
- Do not take QUVIVIQ unless you are able to stay in bed for at least 7 hours before you must be active again.
- Take QUVIVIQ at night within 30 minutes before going to bed.

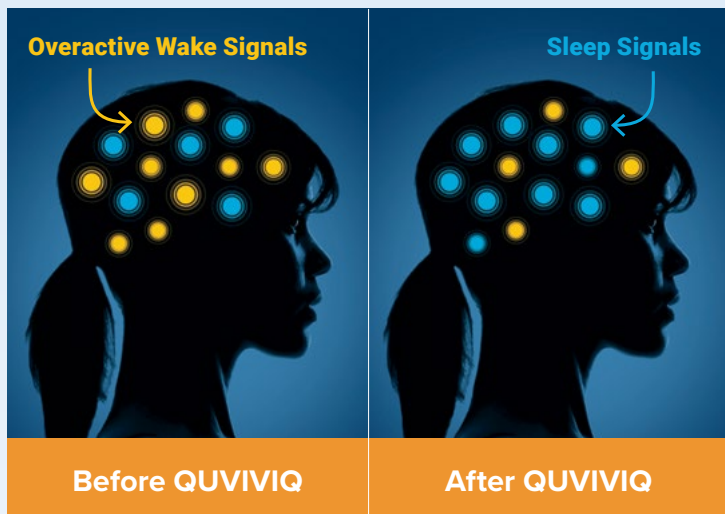
QUVIVIQ is a federally controlled substance because it can be abused or lead to dependence.

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# So how does QUVIVIQ work?

Unlike some insomnia medications that sedate the brain, QUVIVIQ is thought to work by turning down overactive wake signals, one of the biological causes of insomnia.



**FDA-approved** for once-nightly use, QUVIVIQ may be the different approach you need to get better sleep.

When people took QUVIVIQ every night, their sleep continued to improve over time.\*

\*In clinical studies, improvements measured at months 1 and 3.

## Important Safety Information

**Before taking QUVIVIQ, tell your healthcare provider about all of your medical conditions, including if you:**

- have a history of depression, mental illness, or suicidal thoughts or actions; drug or alcohol abuse or addiction; a sudden onset of muscle weakness (cataplexy); daytime sleepiness
- have lung or breathing problems, including sleep apnea
- have liver problems
- are pregnant or plan to become pregnant
- are breastfeeding or plan to breastfeed

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# Taken Differently



QUVIVIQ is designed to be taken every night.

In clinical studies, **taking QUVIVIQ every night did not lead to withdrawal symptoms after stopping.**

## How to take QUVIVIQ:



- Take one tablet, once a night as directed by your healthcare provider, within 30 minutes of going to bed



- Avoid taking QUVIVIQ with or right after a meal – as it may take longer to work



- Only take QUVIVIQ when you can stay in bed for a full night's sleep (at least 7 hours) and avoid alcohol while taking it

## Important Safety Information

**Tell your healthcare provider about all of the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

- Taking QUVIVIQ with certain medicines can cause serious side effects. QUVIVIQ may affect the way other medicines work and other medicines may affect the way QUVIVIQ works.
- **Do not take QUVIVIQ with other medicines that can make you sleepy unless instructed by your healthcare provider.**

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# Experienced Differently

While you may notice improved sleep after a few nights, **it may take a few weeks of taking QUVIVIQ every night to experience its full benefit.\***

If you're not noticing improvements after 1 week, talk to your healthcare provider. They may consider increasing your dose.

**In clinical studies, people reported sleeping better after 1 week of taking QUVIVIQ every night**, with improvements continuing to increase over the next 3 to 4 weeks.

\*Results at month 1 were maintained at month 3.



**If you're currently or have recently been taking another insomnia medication, talk to your doctor about what to expect when switching to QUVIVIQ.**

## Important Safety Information

### What should I avoid while taking QUVIVIQ?

- Do not drink alcohol while taking QUVIVIQ. It can increase the effects of alcohol, which can be dangerous.

**Please see full Important Safety Information on pages 11 and 12. See full [Prescribing Information](#) and [Medication Guide](#).**

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# Sleep Stories

QUVIVIQ is helping lots of people with insomnia sleep better.

**“Taking once-nightly QUVIVIQ is the different approach I need for my insomnia.”**

**Lindsey Vonn**  
World Champion Skier  
& QUVIVIQ 50 mg Patient



**“I was tired of tossing and turning, so I turned to QUVIVIQ.”**

**Taye Diggs**  
Acclaimed Actor  
& QUVIVIQ 50 mg Patient



**See more Patient Stories at**  
[\*\*QUVIVIQ.com/MyStory\*\*](https://www.quviviq.com/MyStory)

## Important Safety Information

- Do not drive, operate heavy machinery, do anything dangerous, or do other activities that require clear thinking if you do not feel fully awake, or you have taken QUVIVIQ and have less than a full night of sleep (at least 7 hours), or if you have taken more QUVIVIQ than prescribed.

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Q Up Better Support!



Q&You provides information on savings, support, sleep tips, and more!

Join Q&You today at  
[QUVIVIQ.com/QandYOU](https://QUVIVIQ.com/QandYOU)

## A few healthy sleep tips

We dive into the science behind healthy sleep habits to teach you why, and how, they can lead to improved sleep.

Watch these short videos today!  
[QUVIVIQ.com/SleepingTips](https://QUVIVIQ.com/SleepingTips)

## Important Safety Information

**QUVIVIQ may cause other serious side effects, including:**

- **Worsening depression and suicidal thoughts.**  
Call your healthcare provider right away if you have any worsening depression or thoughts of suicide or dying.
- **Temporary inability to move or talk (sleep paralysis) for up to several minutes, or hallucinations while you are going to sleep or waking up.**

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Give your wallet a rest.

# Q Savings

COST ASSISTANCE PROGRAM



Get QUVIVIQ for as low as \$0 for the first month and refills for as low as \$25, even if the prescription isn't covered by your insurance company.\*

Sign up for your Q Savings  
Copay Card today at  
[QUVIVIQ.com/GetSavings](https://QUVIVIQ.com/GetSavings)

\*For eligible commercially insured patients. Terms and Conditions apply. Please read full Terms and Conditions.

## Important Safety Information

- **Complex sleep behaviors** such as sleep-walking, sleep-driving, preparing and eating food, making phone calls, having sex or doing other activities while not fully awake that you may not remember the next morning. Stop taking QUVIVIQ and call your healthcare provider right away if you experience a complex sleep behavior.

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# Remember the QUVIVIQ Difference

There's a lot to take in here. Especially if you're tired.

## So, here's a quick recap:

### Works differently

QUVIVIQ is thought to work **by turning down overactive wake signals**, one of the biological causes of insomnia.

### Taken differently

Unlike some other insomnia medications you only take "as needed," **QUVIVIQ is designed to be taken every night** to help you get consistent, better sleep.\*

### Experienced differently

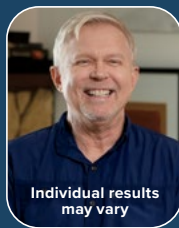
In clinical studies, people reported **sleeping better after 1 week of taking QUVIVIQ every night**, and sleep improvements continued to increase for 3 to 4 weeks.†

\*Improvements measured at 1 and 3 months.

†Results at month 1 were maintained at month 3.

"Knowing that I'm going to fall asleep tonight is priceless."

**Ron B.**  
Insomnia Sufferer  
& Real QUVIVIQ 50 mg Patient



Individual results may vary

## Important Safety Information

The most common side effects of QUVIVIQ are headache and sleepiness.

These are not the only side effects of QUVIVIQ. Call your doctor for advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

**Please see full Important Safety Information on pages 11 and 12.**

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**Idorsia**

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# Indication and Important Safety Information

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- **Worsening depression and suicidal thoughts.** Call your healthcare provider right away if you have any worsening depression or thoughts of suicide or dying.
- **Temporary inability to move or talk (sleep paralysis) for up to several minutes, or hallucinations while you are going to sleep or waking up.**
- **Complex sleep behaviors** such as sleep-walking, sleep-driving, preparing and eating food, making phone calls, having sex or doing other activities while not fully awake that you may not remember the next morning. Stop taking QUVIVIQ and call your healthcare provider right away if you experience a complex sleep behavior.

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